PHP Insurance Company: PPO Plan for Lansing Christian

Coverage for: Single or Family | Plan: NPD00901-RX07S312

Group Number: L0001475

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, you can access our Member Reference Desk or by calling 1.800.203.9519 or 517.364.8456 locally. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at https://www.cms.gov/CCIIO/Resources/Forms-Reports-and-Other-Resources/Downloads/UG-Glossary-508-MM.pdf or call 1.800.203.9519 or 517.364.8456 locally to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For network <u>providers</u> : \$2,000 single coverage \$4,000 family coverage For non-network <u>providers</u> : \$4,000 single coverage \$8,000 family coverage	Generally, you must pay all the costs from <u>providers</u> up to the <u>deductible</u> amount before this plan begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes, <u>Preventive care</u> is covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For network providers: \$3,000 single coverage \$6,000 family coverage For non-network providers: \$6,000 single coverage \$12,000 family coverage	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.

Will you pay less if you use a <u>network provider</u> ?	Yes. See www.phpmichigan.com or call 1.800.832.9186 or 517.364.8500 locally for a list of network providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	No charge after deductible	20% <u>coinsurance</u> after <u>deductible</u>	Convenience care facilities such as FastCare are covered under this benefit.	
If you visit a health care	Specialist visit	No charge after deductible	20% <u>coinsurance</u> after <u>deductible</u>	None	
provider's office or clinic	Preventive care/screening/immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	No charge after deductible	20% <u>coinsurance</u> after <u>deductible</u>	None	
If you have a test	Imaging (CT/PET scans, MRIs)	No charge after deductible	20% <u>coinsurance</u> after <u>deductible</u>	None	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at https://www.caremark.com/wps/portal	Tier 1 drugs (mostly Generic)	\$10 copay/prescription (up to 31-day supply) \$20 copay/prescription (up to 90-day supply)	Only covered for emergent/urgent condition	Deductible applies before copays or coinsurance amounts for outpatient prescription drugs.	
	Tier 2 drugs (mostly Preferred brand-name)	\$40 <u>copay/prescription</u> (up to 31-day supply) \$80 <u>copay/prescription</u> (up to 90-day supply)	Only covered for emergent/urgent condition	Covers up to a 31-day supply (retail prescription); 32-90-day supply (mail order or retail prescription). ACA mandated preventive drugs such as select contraceptive and tobacco cessation	
	Tier 3 drugs (mostly Non- Preferred brand-name)	\$80 copay/prescription (up to 31-day supply) \$160 copay/prescription (up to 90-day supply)	Only covered for emergent/urgent condition	medications are covered with no member cost share. Preferred Tobacco Cessation Products are only available from retail network pharmacies	
	Specialty drugs	Tier level depends on the drug. Please see the drug	Not covered	in up to 31-day supply.	

^{*} For more information about limitations and exceptions, see the plan or policy document at www.phpmichigan.com.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information	
		formulary list available online or contact Customer Service		Fertility medications are covered at 40% coinsurance. All Specialty Drugs regardless of tier placement are only available from CVS mailorder pharmacy in up to 31-day supply. Some drugs require prior approval for coverage. Call PHP Insurance Company for more information.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge after deductible	20% <u>coinsurance</u> after <u>deductible</u>	Female sterilization is covered at no member cost share when using network providers. Prior approval required for coverage of certain surgeries. Call PHP for the complete list.	
	Physician/surgeon fees	No charge after deductible	20% <u>coinsurance</u> after <u>deductible</u>	Female sterilization is covered at no member cost share when using network providers. Prior approval required for coverage of certain surgeries. Call PHP for the complete list.	
If you need immediate medical attention	Emergency room care	No charge after deductible	Same as network benefit	Prior approval required for coverage if admitted for an inpatient stay.	
	Emergency medical transportation	No charge after deductible	Same as network benefit	None	
	Urgent care	No charge after deductible	Same as network benefit	None	
If you have a hospital	Facility fee (e.g., hospital room)	No charge after deductible	20% <u>coinsurance</u> after <u>deductible</u>	Prior approval required for coverage. Transplants must be at Designated Facilities.	
stay	Physician/surgeon fees	No charge after deductible	20% <u>coinsurance</u> after <u>deductible</u>	None	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	No charge after deductible	20% <u>coinsurance</u> after <u>deductible</u> ABA services not covered	Prior approval required for coverage of non-routine services, including ABA services.	
	Inpatient services	No charge after deductible	20% <u>coinsurance</u> after <u>deductible</u>	Prior approval required for coverage.	
If you are pregnant	Office visits	Included in professional services below	Included in professional services below		

^{*} For more information about limitations and exceptions, see the plan or policy document at www.phpmichigan.com.

Common	Common What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information
	Childbirth/delivery professional services	No charge after deductible	20% <u>coinsurance</u> after <u>deductible</u>	Certain prenatal tests are covered with no member cost share when using network
	Childbirth/delivery facility services	No charge after <u>deductible</u>	20% <u>coinsurance</u> after <u>deductible</u>	providers. Prior approval required for coverage if inpatient stay exceeds federally established minimum time frames. Maternity care may include tests and services described elsewhere in the SBC (e.g., ultrasound).
	Home health care	No charge after deductible	20% <u>coinsurance</u> after <u>deductible</u>	Combined network/non-network limit of 60 visits per calendar year. Prior approval required for coverage.
If you need help recovering or have other special health needs	Rehabilitation services	No charge after deductible	20% <u>coinsurance</u> after <u>deductible</u>	Combined network/non-network limits: PT/OT/ST/pulmonary = 60 visits per calendar year; cardiac rehab = 36 visits per calendar year. Prior approval required for coverage of outpatient physical, occupational and speech therapy.
	Habilitation services for treatment of Autism Spectrum Disorders for children from birth through age 18	No charge after deductible	Not covered	Prior approval required for coverage.
	Skilled nursing care	No charge after deductible	20% <u>coinsurance</u> after <u>deductible</u>	Combined network/non-network limit of 100 days per calendar year. Prior approval required for coverage.
	Durable medical equipment	No charge after deductible	20% <u>coinsurance</u> after <u>deductible</u>	Prior approval required for coverage of certain items of DME. Call PHP Insurance Company for current information.
	Hospice services	No charge after deductible	20% <u>coinsurance</u> after <u>deductible</u>	Prior approval required for coverage.
If your child needs dental or eye care	Children's eye exam	No charge	Not covered	This is a preventive service. Limited to 1 routine exam per calendar year.
	Children's glasses	Not covered	Not covered	This plan has no coverage for this service.
	Children's dental check-up	Not covered	Not covered	This plan has no coverage for this service.

^{*} For more information about limitations and exceptions, see the plan or policy document at www.phpmichigan.com.

Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services

PHP Insurance Company: PPO Plan for Lansing Christian

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Coverage Period: 01/01/2020 – 12/31/2020

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Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Cosmetic Surgery
- Dental Care
- Habilitation services except to treat Autism Spectrum Disorders
- Hearing aids and services
- Infertility treatment to conceive a pregnancy
- Long term care
- Non-emergency care when traveling outside the U.S.
- Private duty nursing
- Routine eye care (Adult) other than eye exam (see below)
- Routine Foot Care

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery if meet criteria-No charge after <u>deductible</u>, network only, prior approval required for coverage
- Chiropractic care-No charge after <u>deductible</u>, to limit of 24 visits per calendar year, network only
- Elective abortion as defined by the State of Michigan-network: No charge after <u>deductible</u>, non-network: 20% <u>coinsurance</u> after <u>deductible</u>
- Infertility treatment to treat the underlying conditions that result in infertility only-covered as any other medical condition
- Routine eye care (adult) routine eye exam only: no charge, to limit of 1 exam per calendar year, network only
- Weight loss services other than surgery-covered depending on where service received, network only
- If you are also covered by an account-type plan such as an integrated health flexible spending arrangement (FSA), health reimbursement arrangement (HRA), and/or a health savings account (HSA), then you may have access to additional funds to help cover certain out-ofpocket expenses like the deductible, copays or coinsurance, or benefits not otherwise covered. Contact your employer for details.

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Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. For group health coverage subject to ERISA, contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact PHP Insurance Company at 1.800.832.9186 or 517.364.8500 locally.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

If you, or someone you are helping, has questions about this Benefit plan, you have the right to get help and information in your language at no cost. To talk to an interpreter, call our Customer Service Department at 517.364.8500 or 800.832.9186.

<u>Spanish</u> Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de PHP, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 517.364.8500 - 800.832.9186.

<u>Arabic</u>

إن كان لديك أو لدى شخص تساعده أسئلة بخصو صPHP، فلديك الحق في الحصول على المساعدة والمعلومات الضرورية بلغتكمن دون اية تكلفة التحدث مع مترجم اتصل ب9186.832.9186 - 517.364.8500.

<u>Chinese</u> 如果您,或是您正在協助的對象,有關於[插入項目的名稱 PHP方面的問題,您 有權利免費以您的母語得到幫助和訊息。洽詢一位翻譯員,請撥電話 [在此插入數字517.364.8500 - 800.832.9186.

German Falls Sie oder jemand, dem Sie helfen, Fragen zum PHP haben, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 517.364.8500 - 800.832.9186 an.

<u>Italian</u> Se tu o qualcuno che stai aiutando avete domande su PHP, hai il diritto di ottenere aiuto e informazioni nella tua lingua gratuitamente. Per parlare con un interprete, puoi chiamare 517.364.8500 - 800.832.9186.

<u>Japanese</u> ご本人様、またはお客様の身の回りの方でも、PHP についてご質問がございましたら、ご希望の言語でサポートを受けたり、情報を入手したりすることができます。料金はかかりません。 通訳とお話される場合、517.364.8500 - 800.832.9186 までお電話ください。

Korean 만약 귀하 또는 귀하가 돕고 있는 어떤 사람이 PHP 에 관해서 질문이 있다면 귀하는 그러한 도움과 정보를 귀하의 언어로 비용부담없이 얻을 수 있는 권리가 있습니다. 그렇게 통역사와 얘기하기 위해서는517.364.8500 - 800.832.9186로 전화하십시오.

<u>Polish</u> Jeśli Ty lub osoba, której pomagasz "macie pytania odnośnie PHP, masz prawo do uzyskania bezpłatnej informacji i pomocy we własnym języku .Aby porozmawiać z tłumaczem, zadzwoń pod numer 517.364.8500 - 800.832.9186

Russian Если у вас или лица, которому вы помогаете, имеются вопросы по поводу PHP, то вы имеете право на бесплатное получение помощи и информации на вашем языке. Для разговора с переводчиком позвоните по телефону 517.364.8500 - 800.832.9186.

Syriac

<u>Tagalog</u> Kung ikaw, o ang iyong tinutulangan, ay may mga katanungan tungkol sa PHP, may karapatan ka na makakuha ng tulong at impormasyon sa iyong wika ng walang gastos. Upang makausap ang isang tagasalin, tumawag sa 517.364.8500 - 800.832.9186.

<u>Vietnamese</u> Nếu quý vị, hay người mà quý vị đang giúp đỡ, có câu hỏi về PHP, quý vị sẽ có quyền được giúp và có thêm thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyên với một thông dịch viên, xin gọi 517.364.8500 - 800.832.9186.

Bengali যদি আপদি, 517.364.8500 - 800.832.9186 আপদি অযি কাউকক সহায়তা করকাে, সম্পকক েপ্রশ্ন আক েPHP, আপারি অদকাির আক েদবাি খরক আপারি দজিস্ব ভাষাকত সাহায়য় পাবার এবং তথ্য জাবাির। অবািকিকর সাক্থ কথা বলার জযি, কল করু ি 517.364.8500 - 800.832.9186.

<u>Albanian</u> Nëse ju, ose dikush që po ndihmoni, ka pyetje për PHP, keni të drejtë të merrni ndihmë dhe informacion falas në gjuhën tuaj. Për të folur me një përkthyes, telefononi numrin 517.364.8500 - 800.832.9186.

<u>Serbo-Croatian</u> Ukoliko Vi ili neko kome Vi pomažete ima pitanje o PHP, imate pravo da besplatno dobijete pomoć i informacije na Vašem jeziku. Da biste razgovarali sa prevodiocem, nazovite 517.364.8500 - 800.832.9186.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

^{*} For more information about limitations and exceptions, see the plan or policy document at www.phpmichigan.com.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,000
■ Specialist	0%
■ Hospital (facility)	0%
Other	0%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,800
	·

In this example, Peg would pay:

Cost Sharing		
Deductibles	\$2,000	
Copayments	\$40	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$2,100	

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,000
■ Specialist	0%
■ Hospital (facility)	0%
■ Other	0%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$7,400

In this example, Joe would pay:

Cost Sharing	
Deductibles	\$2,000
Copayments	\$1,000
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$49
The total Joe would pay is	\$3,049

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,000
■ Specialist	0%
■ Hospital (facility)	0%
■ Other	0%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$1,900

In this example, Mia would pay:

Cost Sharing	
Deductibles	\$1,900
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,900